Paul Mitchell The School Denver

MANUAL RESURFACING EXFOLIATION CERTIFICATION - MICRODERMABRASION & DERMAPLANING COURSE INFORMATION

MANUAL RESURFACING EXFOLIATION CERTIFICATION - MICRODERMABRASION & DERMAPLANING COURSE DESCRIPTION

This stand-alone certification provides licensed professionals with the required training under Colorado Rule 1.9(B) to safely and legally perform manual resurfacing exfoliation procedures, including microdermabrasion and dermaplaning. Instruction includes training in skin structure, skin types and conditions, microexfoliation techniques, treatment procedures, infection control, safety practices, applicable laws and rules, salesmanship, and occupational safety and health standards. The course includes theory, demonstration, and supervised practical application to ensure safe and compliant service performance.

This training enables licensed professionals to competently perform manual resurfacing exfoliation procedures as permitted under Colorado Rule 1.9(B).

This course is taught in English. Textbooks and course materials are only offered in the English Language.

MANUAL RESURFACING EXFOLIATION CERTIFICATION - MICRODERMABRASION & DERMAPLANING COURSE OVERVIEW

Course Hours: 14 clock hours

The course is divided into theory instruction and supervised hands-on lab experience.

- **Pre-clinical Classroom Instruction:** 7 hours are dedicated to classroom-based theory covering core concepts, safety protocols, treatment fundamentals, contraindications, and applicable Colorado rules and regulations.
- **Clinic Classroom Learning Experience:** The remaining 7 hours are spent in supervised practical application, where students perform treatment demonstrations and guided practical exercises and supervised service application under instructor guidance.

MANUAL RESURFACING EXFOLIATION CERTIFICATION - MICRODERMABRASION & DERMAPLANING COURSE OUTLINE

This advanced certification is designed for licensed professionals and provides focused, competency-based training in manual resurfacing exfoliation. Instruction is organized into two structured phases to reinforce foundational knowledge and support safe, compliant application of services.

- **Theory & Core Foundations (Classroom Instruction):** This phase provides instruction in essential concepts required to safely perform manual resurfacing services, including skin analysis, contraindications, safety protocols, equipment use, treatment parameters, and applicable Colorado rules and regulations. Instruction is delivered through lecture, demonstration, and guided discussion.
- **Clinic Classroom Learning Experience:** In this phase, participants apply course concepts through supervised hands-on practice. Licensed professionals perform treatment demonstrations, refine technique, and complete guided practical exercises. Competency is evaluated through instructor observation, feedback, and documentation of safe and effective service performance.

MANUAL RESURFACING EXFOLIATION CERTIFICATION - MICRODERMABRASION & DERMAPLANING COURSE SUBJECTS

The instructional program of Paul Mitchell The School Denver meets or exceeds the training requirements outlined in Colorado Rule 1.9(B). The following subjects are taught within the brick-and-mortar program:

Subject	**Total Theory Hours**	**Total Lab Hours**	**Total Contact Hours**
Skin	0.5	0	0.5
Skin Type & Conditions	0.5	1	1.5
Microexfoliation (Microdermabrasion & Dermaplaning)	0.5	4	4.5
Treatment Procedures	0.5	4	4.5
Cleaning, Disinfection, Sterilization & Safety	0.5	1	1.5
Laws & Rules	0.5	0	0.5
Salesmanship	0.5	0	0.5
Occupational Safety & Health	0.5	0	0.5
Total Lab & Theory Hours	**4**	**10**	**14**

The Manual Resurfacing Exfoliation Certification - Microdermabrasion & Dermaplaning does not lead to state licensure, is not accredited, and is not eligible for Title IV funding.